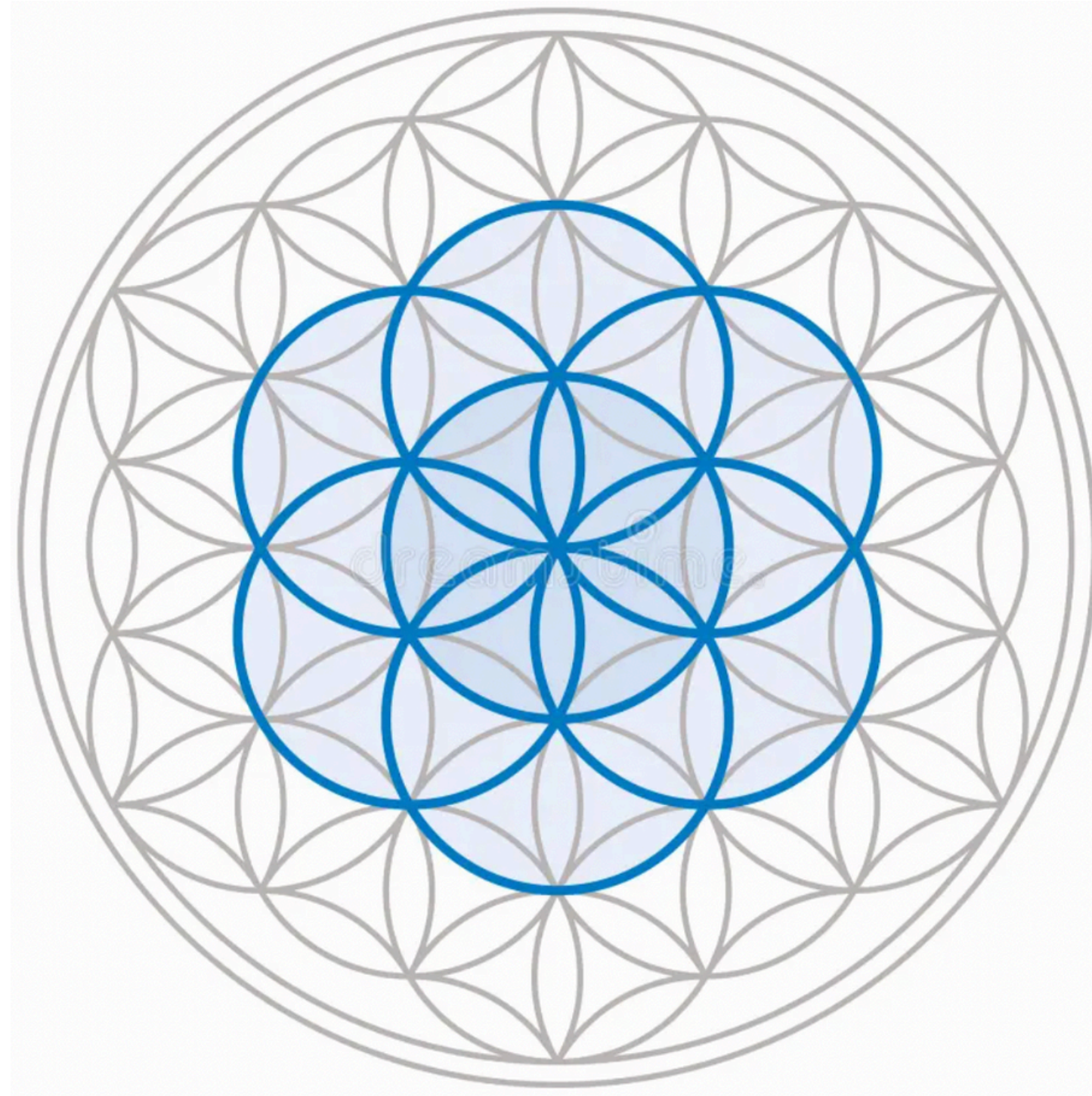




The Seed of Life & Mental Programmes

Recap of Module 1: The Seed of Life

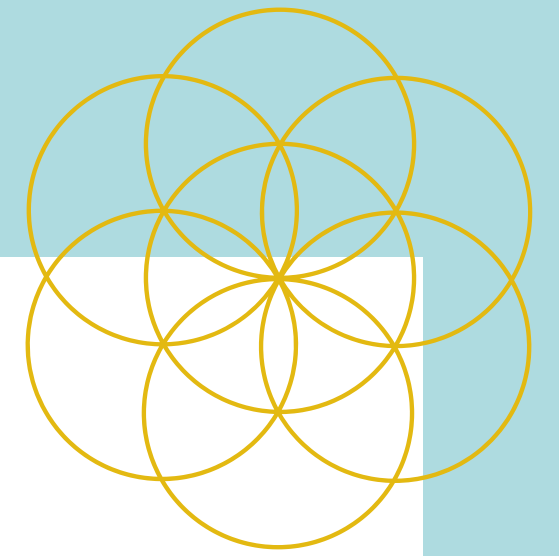


Recap of Module 1: The Seed of Life



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Recap of Module 1: The Seed of Life

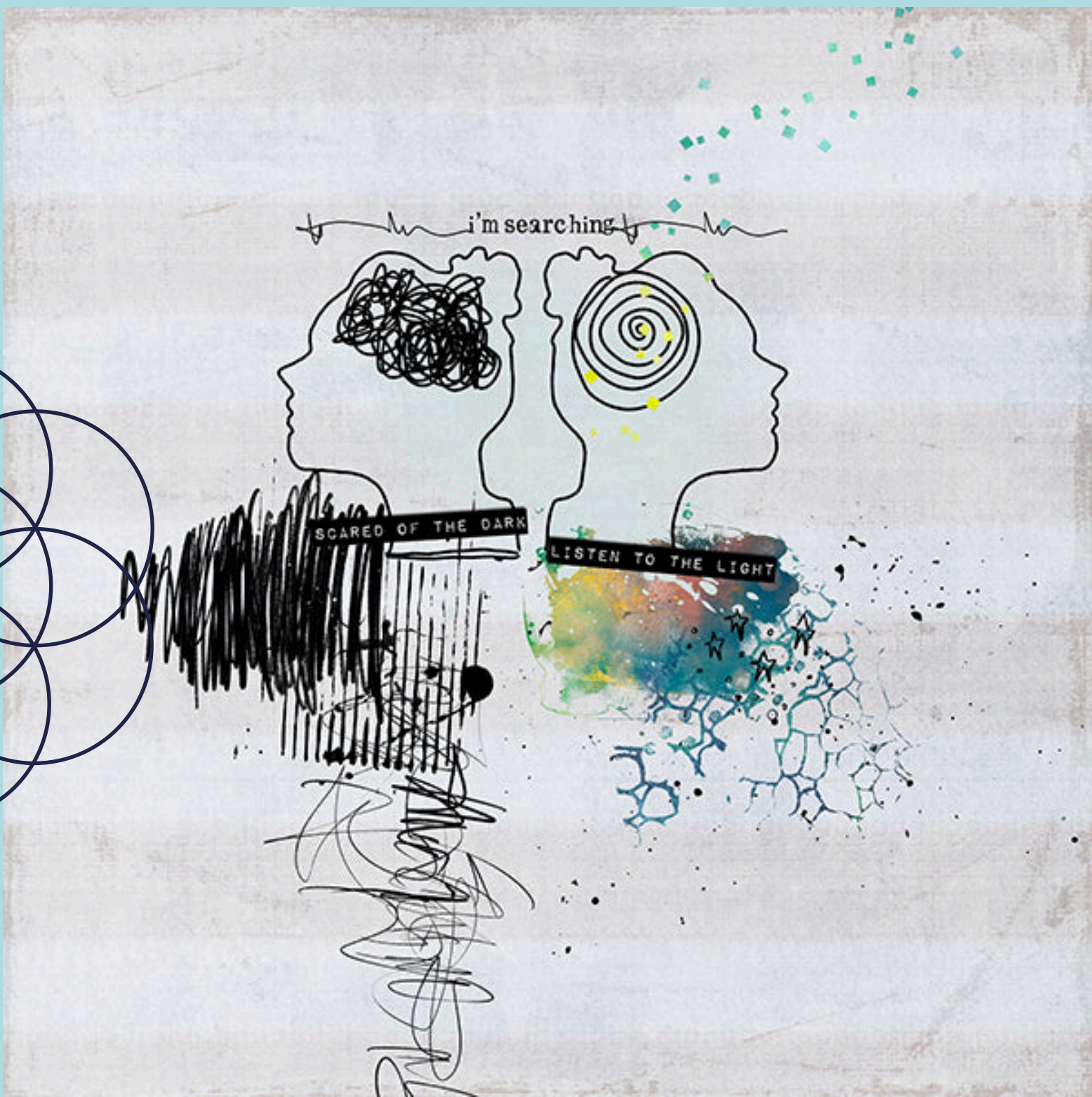
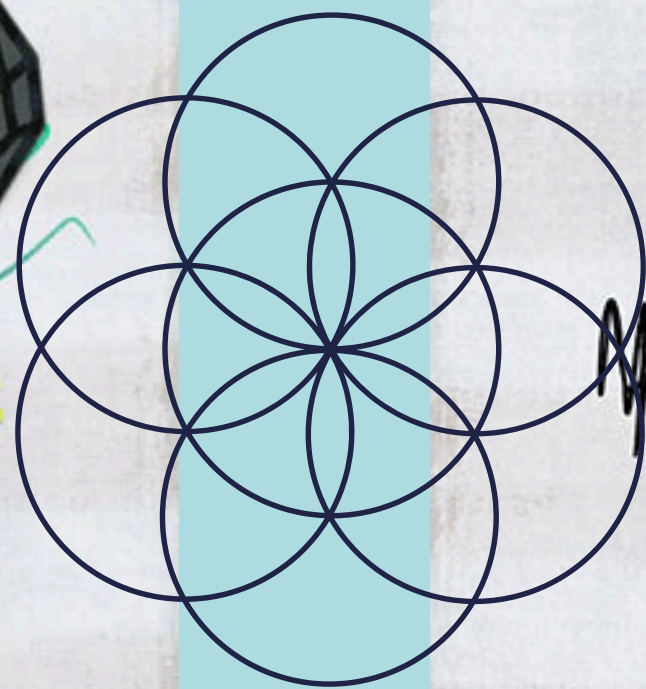


“If an egg is broken by an outside force, life ends. If broken by an inside force, life begins.”

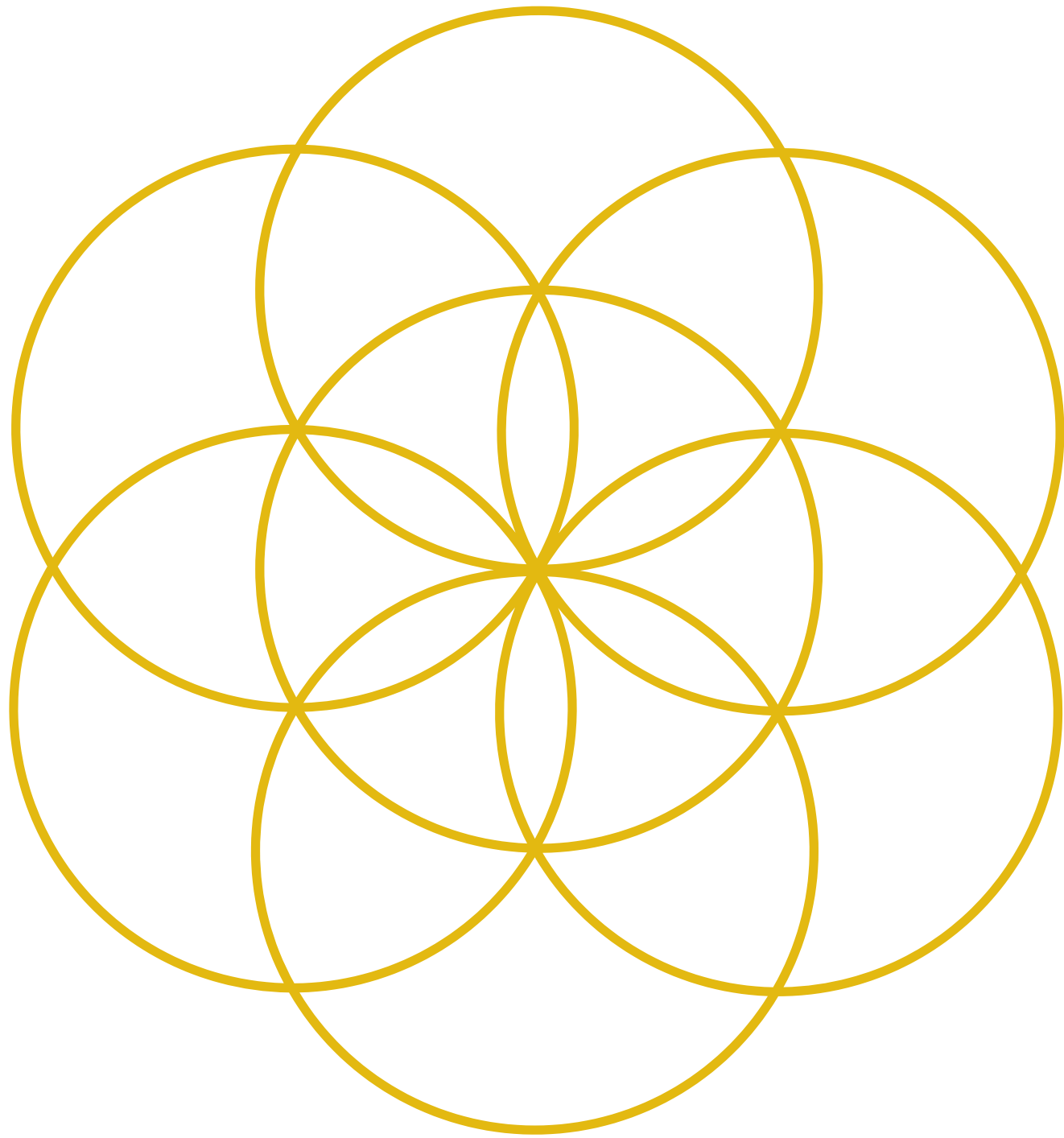
Recap of Module 1: The Seed of Life



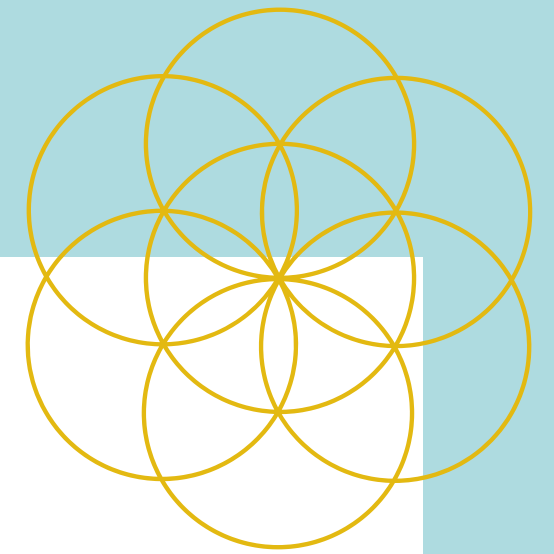
Module 2: The Seed of Life



Module 2: The Seed of Life



Module 2: The Seed of Life



Tilling Your Mind Field

- Aerate the soil
- Permit moisture and air to permeate
- Allow seeds to germinate
- Encourage root growth
- Control weed growth
- Integrate fertilisers (like eggshells!)

Module 2: The Seed of Life

