

TREASURE



The Flower of Life

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Video Transcript

We continue our exploration of the Flower of Life here in this video teaching. This sacred geometry is a gateway to understanding the creation and structure of other geometric forms. The Flower of Life is a foundational template that births both the seed of life and the fruit of life, as well as other geometrical shapes. If you peer closer at the flower of life, inside you'll see many sacred forms nestled within. This includes the tree of life systems, a universal code known as the Fibonacci sequence, the Golden Ratio of Pi (a mathematical ratio that shows up constantly in nature), and Metatron's cube—which carries the five platonic solids, or foundational shapes of all organic life. You may refer to the accompanying resource for more on this, where you'll learn how the Flower of Life offers a comprehensive framework to understand the basic design of everything in existence, from atoms to galaxies.

The Seed of Life is at the core of the Flower of Life, and here in Stage 2, you'll take the discoveries from Stage 1 and alchemise them into the gold of your flourishing TREASURE. Here in the Flower of Life, we have a geometric design of 1 big circle, and 19 interlocking circles. The proportion and composition form a harmonious and beautiful pattern that serves as a timeless symbol of universal harmony and interconnectedness. As mentioned in the Introduction to Sacred Geometry video, the origins of the Flower of Life can be traced back to various ancient civilizations, including Egyptian, Mesopotamian, Chinese, and Indus Valley cultures.

It's a sacred symbol that can be found in many places of worship, and its most famous and notable depiction is found within the Temple of Osiris in Egypt, where it dates back over 6000 years, and adorns the walls as a sacred geometric pattern. Its widespread, universal presence across ancient cultures is befitting, because it points to the interconnectedness of all life.

Author, Intuitive, and Healer Cyndi Dale has this to say: "Recent offshoots of quantum and 'spiritual' physics are suggesting that the universe is conscious, sort of a quantum information field with awareness and that all the energy or data that have ever existed is stored in geometric forms within it... We are composed of these same forms and can exchange data with the universe because of it."

Much of what I'll be sharing with you here comes from the seminal work of Drunvalo Melchizedek and his book, "The Ancient Secret of the Flower of Life," as well as research done by many others. In his Book, Drunvalo states that the Flower of Life "contains every single mathematical formula, every law of physics, every harmony in music, every biological life form right down to your specific body. It contains every atom, every dimensional level, absolutely everything that's within waveform universes." Now let's unpack this huge statement a little more.

The Flower of Life is made up of 19 circles, in which 18 circles, evenly spaced, and overlapping each other, are arranged in a symmetrical formation. You may recall from the Introduction to Sacred Geometry that the circle in the middle, which is the one in blue

here in the image, is the zero point, the center of the circle which starts everything. It represents Creation, Source, the Divine Universe. Surrounding it are 6 circles and, together, they form the Seed of Life. When we add another 6 circles, followed by another 6, we get the Flower of Life. So all in all, we have a replication of 6 interlocking circles that happens 3 times.

Also interesting to note is that the circles are connected at 60 degree angles, and the intersecting circles form a pattern that resembles a blooming 6 petalled flower. As such, the Flower of Life is associated with the number 6. In numerology, 6 represents perfection and completion – don't forget that in many religious texts, it is said that the world was created in six days.

In fact, according to Saint Augustine, "Six is a number perfect in itself, not because God created all things in six days; rather, the converse is true: God created all things in six days because the number is perfect."

In mathematics, a perfect number is a positive integer that is equal to the sum of its factors, excluding the number itself. For example, 6 is a perfect number because $1 + 2 + 3 = 6$. Perfect numbers are rare, and the Ancient Greeks only recognized four such perfect numbers: 6 – 28 – 496 – 8,128. The Pythagoreans acknowledged 6 to be the first perfect number, and found it interesting for its mystical and numerological properties.

Many beautiful, harmonious shapes that mirror this idea of perfection and completeness are also associated with the number 6, such as a cube. With its 6 sides, the cube is a symbol of stability and geometric perfection. Then there's the hexagonal shape of a beehive structure, a strong and efficient design that can be commonly found in nature. A final example is the star of David, a six-pointed star that, with its design of 2 interlocking triangles, symbolises the union of opposites, of feminine and masculine.

In fact, the number 6, which is the symbol of Venus, the goddess of love, is also the card of the Lover in the Tarot. The Lovers naturally symbolizes anything to do with the heart; love and also inner peace and harmony. One of the major spiritual meanings behind the number 6 is that it's all about balance and embracing self-expression. Perfect indeed for our work here on elevating your unique gifts. Beauty, harmony, deep love in the interconnectedness of all - these are qualities that the Flower of Life radiates.

Coming back to its shape and design, each circle within the pattern of this sacred geometry represents a microcosm of creation. The interplay of circles mirrors the dynamic interrelationship between all aspects of existence. So here we have the blueprint of the universe, containing the wisdom of growth, development and creativity. Now, as the Divine co-creator of your life, how can you use your understanding of the Flower of Life to manifest more beauty and completeness?

If you put yourself in the middle of this circle, in the center of this creation, you get to make your own flower of life, where the other circles represent aspects of your life, such as your relationships, your family, career, health, spiritual community etc. They can also represent your thoughts, your mental programmes, your values, and various dimensions of what makes you who you are.

Most people, though, don't experience balance in their lives. Instead of creating a beautiful and harmonious flower pattern, there is disharmony and disorganisation. The circles are not balanced and also not properly placed and spaced. In other words, they are not aligned. In TREASURE, we work first with the inner – you'll recall that we began with the seed of life, in the center of this sacred geometrical pattern, and we now move to the outer circles. The goal is to ensure that there is balance and harmony, as represented by the number 6, the planetary energies of Venus, and The Lovers card from the Tarot. That is why we'll be working with emotional regulation and heart coherence in this stage.

By connecting with the profound symbolism of universal harmony and interconnectedness, you will more easefully awaken to the radiant light of your divine essence. By contemplating its intricate geometry, you can enter into a state of profound alignment with the underlying patterns of creation, and even merge with the universal field of consciousness that underlies all of existence. During meditation, you can visualise the geometric pattern in your mind's eye and allow its symmetrical beauty to evoke feelings of awe and reverence. For instance, you can set aside time to quietly meditate

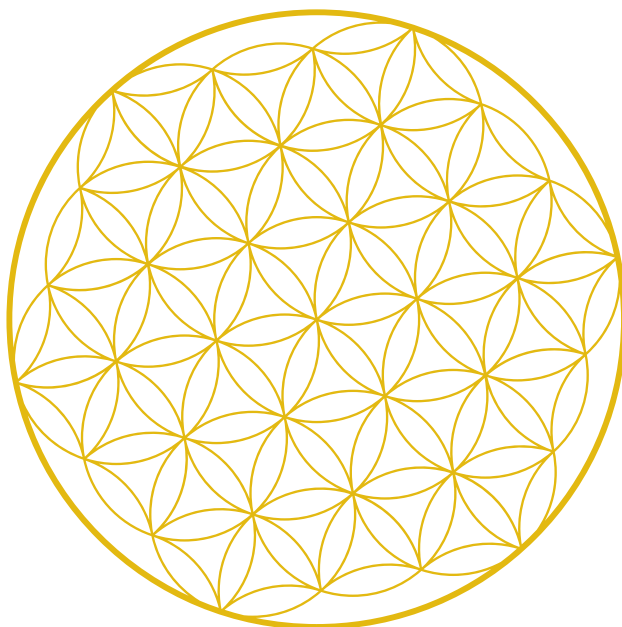
on the Flower of Life pattern. Visualize the interlocking circles and allow yourself to become absorbed in the sacred geometry.

Additionally, incorporating the Flower of Life symbol into your space can serve as a means of embodying the principles of interconnectedness and harmony. Here are a few personal examples: I'm currently wearing a pair of flower of life earrings, and a pendant, and I also have here another pair of earrings. Here's a sticker, and I have here an orgonite on my phone. Orgonite is a man made stone to help balance energy and raise vibration, and the one I have here carries a flower of life design. You can also find wallpaper designs for your mobile phone or desktop, and there are plenty of choices available online.

I also have a flower of life coaster, and by placing the water I drink on it, I am essentially encoding it with energy from this sacred geometrical pattern. Beyond the ones I am showing you here, I also have altar cloths, crystal grids, and other items with the Flower of Life design, so you can probably tell that I'm a fan. Display and arrange this design all around you to harness its harmonizing effects. Paint, draw, and find other ways to create and express this design in your life. Incidentally, my life path number from numerology, is the number 6.

By embracing the Flower of Life as a sacred symbol and integrating it into your daily life, you get to cultivate a deeper sense of integration and alignment, not to mention to harmonise your mind, body, and spirit. By encoding this geometric pattern

with intention and awareness, you open yourself to a profound journey of self-discovery. You come to realise that its geometric perfection serves as a mirror which reflects your inherent divinity, as well as the order and beauty of the universe. The ultimate spiritual awakening here is a deeper understanding of your place within the cosmic tapestry, where you radiate the Light inside of you from a space of Inner Alignment.



Additional Resources & Practice

More on The Flower of Life:

1. Watch "Spirit Science - The Flower of Life" (10 minutes)

This accompanying resource expands on why the Flower of Life contains all of creation. It reviews what we have covered about the Seed of Life, and provides additional information about the vesica pisces, the Tree of Life, the egg of life, the fruit of life, as well as the 5 Platonic solids.

2. Watch "THE FLOWER OF LIFE EXPLAINED: 3 Ways To Use It & Sacred Geometry Meaning, Ancient Mysteries" (14 minutes)

This is a comprehensive video that provides a history of this sacred symbol around the world, with photographs from ancient sites. The video explains what the Flower of Life means, as well as 3 ways to use this symbol.

Practices:

1. Complete the Guided Activation from this module
2. Draw your own Flower of Life. Refer to this short video for guidance, and share your complete drawing in the community space!

"How to draw Flower of Life | Sacred Geometry Tutorial" (1.5 minutes)